

## LAKULISH YOGA UNIVERSITY

### Masters in Philosophy (M.Phil) Karma, Gyan & Bhakti Yoga

#### **Part I: Research Writing/Methodology**

**50 marks**

1. Research Methodology: An Introduction
2. The Research Process: A Quick Glance
3. Defining the Research Problem
4. Identifying Variables
5. Constructing a Hypothesis
6. Reviewing the Literature
7. Selecting a Research Design
  - a. Quantitative vs. Qualitative & Other Common Designs
8. Writing a Research Report
9. Presenting Evidence in Tables and Figures
10. Writing your Introduction and Conclusion
11. Presenting Research in Alternative Forums

#### **Textbook:**

1. Kumar, R. (2011), *Research Methodology: A step-by-step guide for beginners, 3<sup>rd</sup> ed.*, Sage Publications: London.
2. Kothari, C.R. (2004), *Research Methodology*, New Age International Ltd. Publishers: New Delhi.
3. Turabian, K.L. (2007), *A Manual for Writers of Research Papers, Theses, & Dissertations, 7<sup>th</sup> ed.*, The University of Chicago Press: Chicago.

#### **Part II: Karma and Reincarnation**

**50 marks**

1. Vedic References
2. The Mystery of Karma
3. What is Karma and Whodoes it?
4. What is Birth, Death and Reincarnation?
  - a. According to the Katha Upanishad
  - b. According to the Bhagvad Gita
  - c. According to the Brahma Sutras
5. The Two Paths: Path of Gyān and Agyān
6. Conclusion

#### **Textbook:**

1. Prasad, Narayana Swami Muni (2014), *Karma and Reincarnation, 2<sup>nd</sup> revised ed.*, DK Printworld: New Delhi.
2. Armstrong, J. (2015), *Karma: The Ancient Science of Cause & Effect, 2<sup>nd</sup> ed.*, Jaico: Mumbai.